

## *A Coffee with Alessio*



### **The Eighth Sunday in Ordinary Time**

This Sunday is the last Sunday in Ordinary Time before Lent begins next Wednesday. It will be the last Sunday of Green vestments till July. We also farewell the Alleluia this weekend, as there is no Alleluia at all in our liturgy during the Season of Lent. As such I would suggest singing a couple of verses of *All Creatures of our God and King* as the recessional hymn this Sunday.

During Lent the Alleluia is replaced by one of four texts for the Gospel Acclamation. There are several options included in CWB II. If you are unfamiliar with these texts and have always recited the Gospel Acclamation during Lent, I would suggest choosing one of the four settings and sing it each Sunday during Lent and then use it in Holy Week up until and including Good Friday. Next year you can learn another setting. I would also suggest using this same setting at your weekday Masses during Lent. In that way, people will become very familiar with it.

So just as we are farewellling the Alleluia this week, I am also farewellling custard and fruit pastries. I'm going to Lawley's to have one in these last days before Lent. They do delicious pancakes. So I might pay them a visit on Tuesday for Shrove Tuesday.

Enjoy your coffee and cake!

Friday February 24 2017