

Children's Activity | Lent | Year B

Week One Promise of Everlasting Love

In the scripture readings today we hear the story of Noah. This story is about all the animals, birds and every creeping thing; everything that lives on the earth and the promise God made to them. The sign of God's promise of everlasting love was the rainbow.

Activity

Colour the rainbow and draw or paint in each strip of colour what you are going to do as a sign of your commitment to show love this Lent.

Cut out your rainbow and place it somewhere you can see it to remind you of the promises you have made.



Week Two God's Love Shines

In the Gospel reading today Jesus led his friends, Peter, James and John to the top of the mountain. While they were there they saw the love of God shining through Jesus.

Activity

Draw a large heart and illustrate how God's love shines through you either in words or with pictures.

Week Three Loving God

In the Gospel reading this Sunday we hear how the Jewish people normally gathered in the temple to praise God. When Jesus went to the temple to pray it looked just like a shopping centre with people buying and selling. Jesus was angry because money and possessions had become central to those visiting the temple. They had forgotten the church was a place of prayer and respect.

Activity

Find a photo of your baptism, first communion, confirmation or a special occasion where you can see people in a church. Do you think people were prayerful and respectful?

Place the photo in the centre of a blank page of paper. Look at the photo for a while, then print words or sentences about the celebration around the photo.

Week Four God of Light and Love

In the Gospel today we hear about light leading us to God. Jesus is the light showing us the way to God.

How is Jesus the light? List the actions of Jesus in the scripture stories you can remember that are examples of good works.

Activity

Create a lantern to symbolize light.

Take a square of paper 30cm by 30cm. With a ruler draw eight lines across the page. Each line stops 2cm from the edge of the page on each side.

On each line print or draw an action of Jesus that was an example of how to lead a good life.

Fold the paper in half and cut along each line remembering not to cut to the edge.

Open your page to create a cylinder.

Glue together and add a handle.

Hang your lantern somewhere to remind you of how to be a good person during this Lent.

Week Five Growing in God's Love

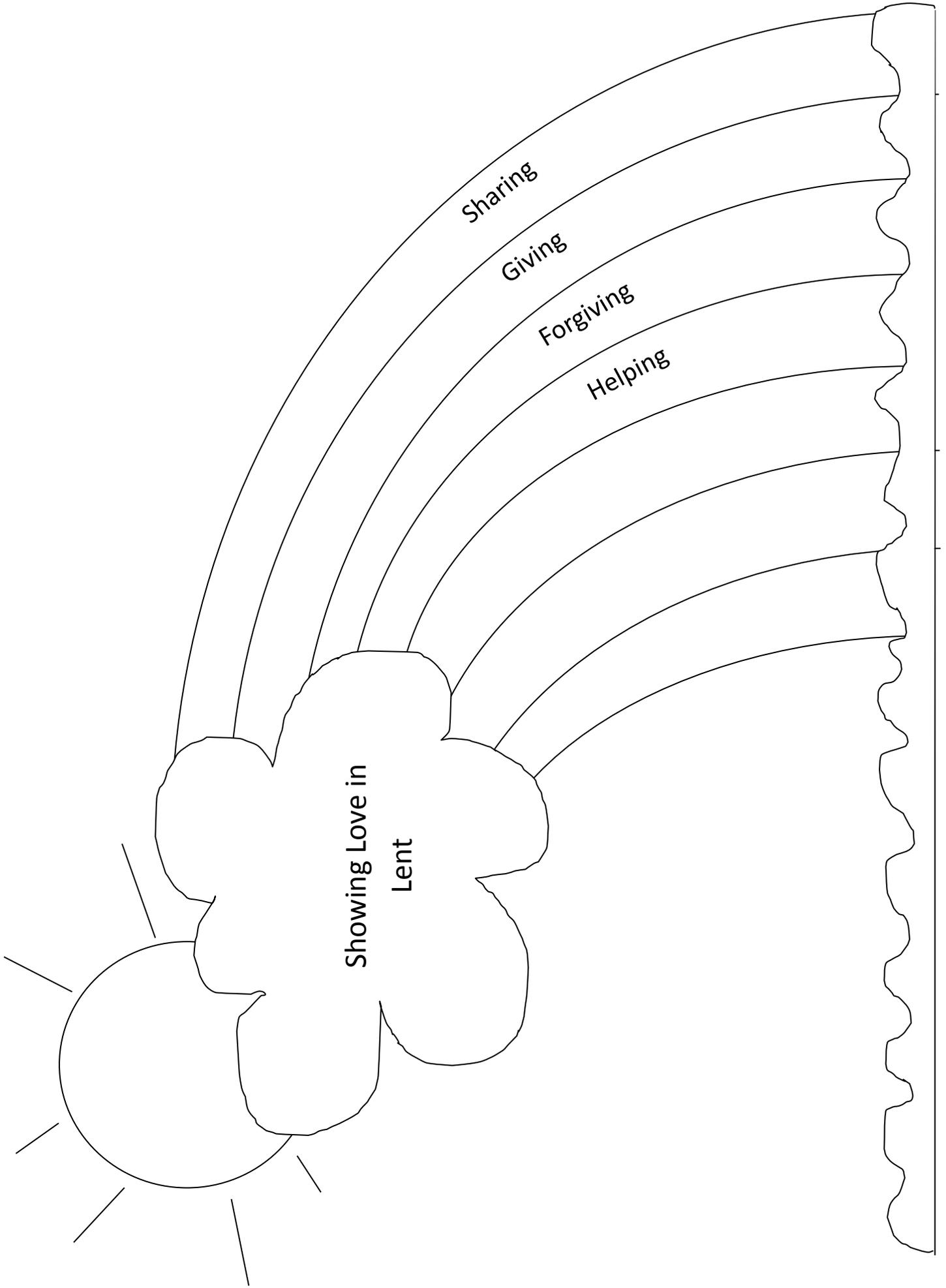
In the Gospel today Jesus uses the example of seeds going into the darkness of the ground before they germinate and grow into wheat that yields a rich harvest, lots of seeds. He was using a story, called a parable, to explain to us that to be a follower of Jesus can be difficult and he wants us to grow and be good like him.

Activity

Create a family prayer focus. You will need:

- Black paper
- Seeds of any kind
- Small pot or vase of flowers
- Candle

Arrange these symbols to reflect the seed growing in darkness into the light of Jesus. Gather your family around and tell the story of what you have created.



Showing Love in
Lent

Sharing

Giving

Forgiving

Helping