

# *A Coffee with Alessio*



## **Gaudete Sunday- Let us rejoice!**

Rejoicing is the central theme in this Sunday's liturgy, because we mark the half-way point of Advent and we know that Christmas is coming very soon. You will notice the rose-coloured border today. Rose is the colour of rejoicing and so we have "a break" from the violet and our other penitential practices of Advent today, because the Lord's birthday is very near. The organ can afford to be a bit more "joyful" and "louder" today to mark the half-way point (of Advent). I mentioned to you last week, that John the Baptist would again feature in the readings this Sunday and so you could repeat some of last week's music in the liturgy this Sunday. As you know I am all for making life easy, and also finding the balance between repeating music and introducing new music. At the end of the Christmas Season, when we celebrate the Feast of the Baptism of the Lord (Sunday 13 January 2019), you can again repeat some of the music that you have used during Advent that focuses on John the Baptist. Don't forget to wear something with the rose colour on it to Mass this Sunday. Don't let the priest "out-do" you!

We have much to be thankful for and rejoice about. School finishes for the staff today and we too are looking forward to the summer holidays and the opportunity to have a break. A "work-life" balance is not easy to achieve, but we must always keep it in mind. After all, even Jesus needed to rest.

So, a pastry or a danish of some sort seems to be the way to go this weekend. The fruit and custard pastries are one of my favourites. What better way to call to mind that the Lord's birth is near, than to have a pastry after Mass this Sunday along with a latte or a flat-white! So, till next week, rejoice and enjoy your coffee and cake!

Alessio Loiacono  
Music Field Officer

Friday 14 December 2018