

# RING Those BELLS

## *Instruction Sheet*

In this time of crisis, it will be important to stay united as a faith community and this will require creative thinking with the social distancing requirements in place.

### **Be Creative**

If you have a church with bells that are usually rung before Sunday Masses in your parish, consider this:

- ◆ Check with noise restrictions in your area.
- ◆ Ring your bells midday on given days.
- ◆ Ring the bell 6 times to represent the six stars of the southern cross.
- ◆ Invite people in your area, through a letter drop, an advertisement in the local newspapers paper and a note on the church door to stop when they hear the bells and:

Pray the Hail Mary prayer as each bell rings for the intercession of Our Lady of the Southern Cross during this time of crisis in our Country and the world.

Hail Mary full of Grace, the Lord be with you.  
Blessed are you among women and blessed  
is the fruit of your womb Jesus.  
Holy Mary Mother of God,  
pray for us sinners now and  
at the hour of our death. Amen.

or

Spend a moment in silence and place  
all the people of your country and  
the world into the hands of a loving God.



***Our Lady of the Southern Cross***

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*Flyer*

Catholic churches are encouraged to ring their church bells at midday during the week as a call to prayer during these difficult times of isolation. The bells will ring six times to represent the stars of the southern cross. When you hear the bells, you may wish to pray the Hail Mary for each ring or spend a moment in silence and place all the people of your country and the world into the hands of a loving God.



*Our Lady of the Southern Cross*

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Amen.

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