

# Sacred Heart of Jesus

Friday 19 June 2020



## About the Solemnity of the Sacred Heart of Jesus

One of the most beloved aspects of our Catholic Tradition is devotion to the Sacred Heart of Jesus. When we honour His Sacred Heart, we aren't honouring a bodily organ. Instead we are honouring the compassion and love of Christ - his human heart which was moved with pity for the sheep of his flock and his divine heart which was pierced for sins of his people. We are also honouring the twofold nature of Christ- both human and divine. As it says in the hymn *Jesus, in Your Heart we find* by James Philip McAuley (1917-1976).

*Jesus, in Your Heart we find  
love of the Father and mankind;  
these two loves to us impart,  
divine love in a human heart.*

the Sacred Heart of Jesus a rich source for meditation in the Catholic tradition, but it wasn't until seventeenth century France that devotion to His Sacred Heart began to take the form as we know it today. At this time, the heresy of Jansenism was rampant. This heresy taught that human sinfulness was too great to be forgiven and as such salvation would only be granted to a few. The problem was not only what the heresy taught, but that people were convinced by it as well. In the midst of all this fear, Jesus revealed His Sacred Heart to Saint Margaret Mary Alcoque, a religious sister of the Visitation Order. His revelation came as a complete surprise but was very much needed. While Christ lay dying on the Cross, He promised salvation to the "bad thief". He promises the same to all, thereby negating the heresy of Jansenism.

# Sacred Heart of Jesus

Friday 19 June 2020



How can we apply the Sacred Heart of Jesus to our life in this time?

We are living in unprecedented times – COVID-19 has required us to isolate ourselves, which for most people is an unnatural way of living and not a pleasant one. In this time of various restrictions, we can either use the time available to us for good or waste it, thinking of what we aren't allowed to do.

Personal prayer and reflection is as important as communal prayer and this could be seen as a time to spend a little more time reading the Gospels and coming to know Jesus a little better through his words and actions. This time in prayer with the scriptures may open up the breath of God's love for us, his compassion and merciful gaze which is there for the world to receive. Spend a little more time in prayer and reflection.

## Collect

O God, who in the Heart of your Son,  
wounded by our sins,  
bestow on us in mercy  
the boundless treasures of your love,  
grant, we pray,  
that, in paying him the homage of our devotion,  
we may also offer worthy reparation.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.                      Amen.

# Sacred Heart of Jesus

Friday 19 June 2020



## Gospel Matthew 11:25-30

Jesus exclaimed,  
'I bless you, Father, Lord of heaven and of earth,  
for hiding these things from the learned and the clever  
and revealing them to mere children.  
Yes, Father, for that is what it pleased you to do.  
Everything has been entrusted to me by my Father;  
and no one knows the Son except the Father,  
just as no one knows the Father except the Son  
and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened,  
and I will give you rest.

Shoulder my yoke and learn from me,  
for I am gentle and humble in heart,  
and you will find rest for your souls.

Yes, my yoke is easy and my burden light.'

## Antiphon

Thus says the Lord:

Let whoever is thirsty come to me and drink.

Streams of living water will flow from within the one who believes in me.

# Sacred Heart of Jesus

Friday 19 June 2020



## Hymn to the Sacred Heart of Jesus

1. Within your heart O Jesus,  
to us you have revealed  
both human and divine love,  
a love which always heals  
divisions caused by evil  
which lead your flock astray.  
So may our love be generous  
with all we meet today.

1a. Within your heart O Jesus,  
to us you have revealed  
a love we cannot measure  
a love we always feel.  
May we serve with that same love  
those gathered at this feast  
and by our loving actions  
serve greatest and the least.

2. The streams of blood and water  
flowed from your pierced side,  
upon the Cross, O Jesus,  
where for our sins you died.  
May we die to our own wants  
and serve our friend and foe  
**so your heart will be radiant  
and through us ever glow.**

76.76D

Possible Tunes: Aurelia, St Theodulph

Text: Chris deSilva and Alessio Loiacono

## Music links to the Scripture Readings for the Memorial

[Heart of Jesus](#) - Bob Hurd. Published by OCP- [www.ocp.org](http://www.ocp.org)

SCRIPTURE READINGS: *Jerusalem Bible Translation of Scripture used in Australian Lectionary for Mass, Vols I, II and III* (London: Collins Liturgical, 1981). All rights reserved.

COLLECT and ANTIPHON: *Roman Missal 2010* © International Committee on English in the Liturgy, Inc. All rights reserved.

REFERENCES: *Sourcebook 2017*. © Liturgy Training Publications 2017