

Transfiguration of the Lord 6 August



About the Transfiguration

The feast of the Transfiguration reminds us that Jesus Christ is both human and divine. His human side was revealed in this event when Peter suggested putting a tent there for Him, but His divine side was revealed when his face shone brightly, and his clothes were as white as a light.

On Mount Tabor, he revealed to Peter, James, and John his glory as the Son of God. He did so with the aim of strengthening their faith in him as they made the challenging journey to Calvary.

How does the feast of Jesus' Transfiguration apply to our lives today?

There are two things that stand out with the feast of Transfiguration. Firstly, Jesus chose to give those three disciples a glimpse of his Risen self as He would be after the first Easter Sunday morning. That revelation is a reminder to us that our home on earth is temporary and something greater awaits us in eternal life with God.

Secondly, just as Jesus pulled those three disciples aside on Mount Tabor, he invites us to step aside from our daily chores and activities to pray, to listen to His Word and be strengthened by His Body in the Eucharist ready to meet the challenges that await us when leave the Mass. Let us put our needs before God when we go to Mass and put His Word into action in our lives.

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Collect

O God, who in the glorious Transfiguration
of your Only Begotten Son
confirmed the mysteries of faith by the witness of the Fathers
and wonderfully prefigured our full adoption to sonship,
grant, we pray, to your servants,
that, listening to the voice of your beloved Son,
we may merit to become coheirs with him.
Who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever. Amen.

Gospel

Matthew 17:1-9

His face shone like the sun

Jesus took with him Peter and James and his brother John
and led them up a high mountain where they could be alone.

There in their presence he was transfigured:
his face shone like the sun and his clothes became as white as the light.
Suddenly Moses and Elijah appeared to them; they were talking with him.
Then Peter spoke to Jesus.

**'Lord,' he said 'it is wonderful for us to be here;
if you wish, I will make three tents here, one for you, one for Moses and one for Elijah.'**

He was still speaking when suddenly a bright cloud covered them with shadow,
and from the cloud there came a voice which said,

'This is my Son, the Beloved; he enjoys my favour. Listen to him.'

When they heard this the disciples fell on their faces overcome with fear.

But Jesus came up and touched them.

'Stand up,' he said 'do not be afraid.'

And when they raised their eyes they saw no one but only Jesus.

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As they came down from the mountain Jesus gave them this order,
'Tell no one about the vision until the Son of Man has risen from the dead.'

Antiphon

When Christ appears, we shall be like him,
for we shall see him as he is.

Hymn for the Feast of the Transfiguration

Christ upon that holy mountain
to the three You were revealed –
in their midst You were transfigured:
"Let this glory be concealed,
for I first must rise in glory
before you tell anyone."
"We do not know what you mean Lord,
but by us Your will be done."

Christ upon that holy mountain
brightly shining was Your face,
with your clothes as white as the light
hallowing that mountain space.
Then a voice from heav'n resounded
"This is my beloved Son,
My favour always rests upon Him,
for He is my Chosen One."

Lord it is good to be present,
and with You to be alone.
For upon the Mount of Tabor
You show the Cross must be done.
On this mountain was the glory
that would come after You died.
Showing us in every trial
You alone will be our guide.

Gathered here may we not worry
about tasks that must be done.
We have come here to be nourished
by You Lord, God's Saving Son.
So when we leave this sacred feast,
You will be our source of grace,
helping us journey with our cross,
until we see your glorious face.

Text: 87.87D

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Music Links to the Scripture Readings

[Dwelling Place](#)

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