

Saint Scholastica
(Virgin)
10 February



About Saint Scholastica

Saint Scholastica was born in Nursia in about 480 and was the twin sister of Saint Benedict. She was committed to God . From a young age she expressed a deep desire to dedicate her life to God through the monastic vows of obedience, poverty, chastity, and stability. She followed her **brother to Cassino and founded and supervised a community of nuns near her brother's monastery.** She died there in about the year 547.

Once a year Saint Scholastica and Saint Benedict would meet to discuss spiritual matters. Just before she died, she met with her brother one more time. When it came time for Benedict to leave, Scholastica prayed that his visit would be extended. Suddenly, a violent thunderstorm broke out and **Benedict could not leave. Scholastica's prayers were answered and she and Benedict spent their last meeting together pondering the deepest mysteries of life.**

What can we learn from Saint Scholastica?

Even though we know very little about Saint Scholastica, there are two things that stand out. Firstly, her commitment to God and living out the vows of monastic life which she took and **secondly her commitment to her family. She followed in her brother's footsteps. No matter** whether we choose the single life, religious life, priesthood, or married life, we must remain committed to what that state of life asks of us and live it out faithfully as a witness to Christ. Secondly, families have their ups and downs, but supporting one another and committing family members to prayer is a help to living out our lives as witnesses to Christ.

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Collect

As we celebrate anew the Memorial of the Virgin Saint Scholastica,
we pray, O Lord,
that, following her example,
we may serve you with pure love
and happily receive what comes from loving you.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever. Amen.

Gospel

Luke 10:38-42

Martha works; Mary listens

Jesus came to a village,
and a woman named Martha welcomed him into her house.
She had a sister called Mary,
who sat down at the Lord's feet and listened to him speaking.
Now Martha who was distracted with all the serving said,
'Lord, do you not care that my sister is leaving me to do the serving all by myself?
Please tell her to help me.'

But the Lord answered:

'**Martha, Martha,**' he said '**you worry and fret about so many things,**
and yet few are needed, indeed only one.
It is Mary who has chosen the better part;
it is not to be taken from her.'

Antiphon

There is one thing I ask of the Lord, only this do I seek:
to live in the house of the Lord all the days of my life.

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Hymn for the Memorial of Saint Scholastica

Saint Scholastica, your whole life
was one of fidelity,
like your brother, living for Christ,
and by Him to be set free.
You took the three vows of poverty,
obedience and chastity.
With nuns on Monte Cassino
you lived in community.

In our lives may we be faithful,
daily, Lord, to what you ask.
Like Scholastica's example,
may the Gospel be our task.
So that others will encounter You,
by all our kindly words and deeds;
so they know of your love for them,
and follow where Your will leads.

Text: Chris deSilva and Alessio Loiacono
Tune: 87.87D Nettleton

Other Music Suggestion
[The Servant Song](#)

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