



O COME, LET US ADORE HIM!

Worship of the Eucharist Outside Mass

A Resource for Schools and Parishes

Archdiocese of Perth
Liturgical Guidelines

Centre for Liturgy
2018 Edition

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O Come Let Us Adore Him

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Introduction

Catholics believe that Christ is present in the gathering of his people, in the proclamation of his Word, and in the person of his priests.

The way in which Christ is present in the Eucharist is unique. It raises the Eucharist above all the sacraments as *the perfection of the spiritual life and the end to which all the sacraments tend*. St Thomas Aquinas, **Summa Theologiae**, III, 73, 3c. *‘In the most Blessed Sacrament of the Eucharist the body and blood, soul and divinity of our Lord Jesus Christ — the whole Christ — is truly, really and substantially contained.’* cf. Council of Trent, 1551: **DS 1651**

This faith in the ‘real presence’ has led Catholics to loving obedience to the command of Jesus given at the Last Supper: ‘Do this in memory of me.’ We believe that when we receive Holy Communion, we receive Christ himself.

From time immemorial, Catholics have reserved some of the Eucharist remaining after Mass so that anyone in imminent danger of death may receive Holy Communion as *viaticum*, food for their journey to eternal life. The Eucharist is kept in a tabernacle, and a light always burns there to remind us that Christ is present in the Sacrament, even outside Mass.

In turn, the practice of Eucharistic reservation has led Catholics to spend time in Eucharistic adoration before the tabernacle, or in public celebrations of adoration.

Unlike the Mass, which is highly structured in its liturgy, Eucharistic adoration can be as simple as a short time of silence. A simple visit to the Blessed Sacrament reserved in the tabernacle can serve as *a brief encounter with Christ inspired by faith in the real presence and characterized by silent prayer*. **Directory on Popular Piety and the Liturgy, #165**

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Introduction

If a group wishes to adore Christ present in the Eucharist, the Church provides simple rites for this purpose, as described in this resource. The basic service can be expanded with readings, hymns, prayers and litanies, some of which are to be found here, and others found in other sources.

Both the simple visit and the more extended period of exposition provide us with opportunities to worship the Eucharistic Mystery. Both find their origin in the celebration of the Mass, where Christ tells us: 'This is my body, which is given up for you.'

I'm Looking at the Good God

St John Vianney (1786-1859), parish priest in the French village of Ars, urged his parishioners to spend time in adoration and thanksgiving before the tabernacle. One of his parishioners, a farmer, took the priest's words so much to heart that he spent more and more time in church, to the point where he was often late for work in the fields. When a fellow worker, looking for him one day, found the man sitting alone in the church, he asked, 'What are you doing?' The man, who had been gazing at the tabernacle, turned to him and said, 'I'm looking at the good God, and the good God is looking at me.'

Eucharistic adoration is not so much 'doing something' as it is simply 'being with Jesus'. All lovers enjoy nothing more than being with their beloved. Similarly, Catholics who understand the truth of the Eucharist will sometimes enjoy spending some quiet moments with Jesus in silent adoration, or joining others for Eucharistic adoration together.

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Principles

The Blessed Sacrament, whether reserved in the tabernacle or exposed in the ciborium or monstrance on the altar, was consecrated at Mass: Christ's *presence is derived from the [Eucharistic] sacrifice and is directed toward sacramental and spiritual communion.* **Holy Communion and the Worship of the Eucharist Outside Mass (HCWEOM), #80**

In fact, the Church insists that in sacramental communion we receive hosts consecrated at that Mass so that, *by means of the signs Communion may stand out more clearly as a participation in the Sacrifice being celebrated.* ***Redemptionis Sacramentum*, #89** This differs from the *primary and original reason for reservation of the Eucharist outside Mass, [namely,] the administration of viaticum.* **HCWEOM, #5** Pastoral practice needs to reflect these two principles of celebration and reservation.

Some simple ways of reflecting these principles are:

- The celebration of Mass does not occur during a period of exposition. Cf. **HCWEOM, #83**
- For solemn occasions, it is recommended that the Host be consecrated in a Mass which precedes exposition. Cf. **HCWEOM, #94**
- The homily could link the adoration with the parish Sunday Eucharist, and refer to the celebration of the Eucharist from which the host for exposition has come.
- The selection of hymns, scripture readings and prayers can help make similar connections.
- Adoration should be linked with the life of charity to which the Mass sends us at its conclusion Cf. **HCWEOM, #81**, and from which the Mass takes its very name (from the Latin *missio*, 'sending forth').



PART ONE

A Visit to the Blessed Sacrament A Guide for Schools

O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



Introductory Notes

Students and teachers enter the church, blessing themselves with holy water at the entrance and genuflecting to the Blessed Sacrament reserved in the tabernacle as they take their places. If the group is small, they can come closer to the tabernacle while maintaining a spirit of reverence.

The tabernacle often has a veil inside the door, and sometimes outside as well. This is a sign of the presence of Jesus in the Eucharist, and is a reminder of the cloth Meeting Tent (in Greek, *tabernacula*) where the Israelites worshipped God in the desert during their Exodus from Egypt. When the Temple was built in Jerusalem, the veiled entrance of the chamber known as the Holy of Holies continued this idea of God ‘pitching His tent’ amongst His people, and the tradition continues in our own tabernacles.

At least in initial visits, the teacher should remind the students that Jesus is present in the hosts reserved in the tabernacle. (The word ‘host’ comes from the Latin *hostia*, meaning ‘victim’; our English word ‘hostage’ comes from the same Latin word.)

The sanctuary light should be pointed out to them as a sign that Jesus is always present, day and night. This light continues the Jewish practice of having a light always burning before the entrance to the chamber known as the Holy of Holies. Even today, Jewish synagogues have an ‘eternal light’ that burns before the ark or cupboard where the scroll of the Torah is kept.

The teacher can ask the students for whom they would like to pray during this visit: family members, friends, etc. Or, they can name those things for which they are grateful (since the Greek word *eucharistia* means ‘thanksgiving’). This should be done quietly, with students raising their hands to be recognised and speaking one at a time, to preserve a spirit of reverence and prayer.

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Introductory Notes

The time of prayer should include some moments of silence, since the visit is essentially a personal encounter with Christ in the Eucharist.

If time permits, there can be a short reading from the Scriptures, or from the Church Fathers or a devotional book about the Eucharist. Some suggested Scripture readings follow.

Before departing, the group can pray aloud together. Again, some suggested prayers and acclamations are given below.

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Prayers for Younger Students

All make the Sign of the Cross together:

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

The teacher can lead the group in one of the following prayers, with the children repeating each phrase:

- A. Dear Jesus,
we have come to visit You.
We know that You are always here,
waiting to hear our prayers.
Thank You, Jesus, for Your love.
Thank You, Jesus, for Your peace.
Bless our families and friends.
Help us to be good children.
We love You, and we praise You,
for ever and ever.
Amen.
- B. Jesus, we are here,
taking a moment out of our day,
to tell You that we love You,
and to ask for Your blessing.
We know that You are always here
in this Blessed Sacrament.
Thank You, Jesus, for Your love.
You are our Lord and our God.
We adore You and we praise You,
because You have given us so much.
Stay with us always, dear Jesus;
help us to live in Your love,
now and for ever.
Amen.

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Prayers for Younger Students

- C. We come to You, Lord Jesus,
to tell You that we love You.
You love us so much
that You want to be with us always
in this Sacrament of Your Body and Blood.
Help us to do good things today.
Teach us to love one another.
Bless our families and friends.
We adore You, Jesus.
We praise You, Jesus.
We thank You, Jesus,
for ever and ever.
Amen.

Even small children can be taught the traditional acclamation of praise given during worship of Christ in the Eucharist:

O Sacrament most holy,
O Sacrament divine,
All praise and all thanksgiving
Be every moment Thine!

If an extended visit is desired, a short Scripture passage could be read (some are given below) and a song of praise and worship could be sung (see Appendix III for suggestions).

However, the point of a visit is that it is brief and informal, and is based upon a personal encounter with Christ in the Sacrament. Thus children should be taught to maintain a spirit of reverent silence; this can be done a few moments at a time as they develop the practice of visiting Our Lord in the Blessed Sacrament.

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Paraphrased Readings for Younger Students

- A. Jesus says to us, 'I am the bread of life. Anyone who eats this bread will live forever, and I will raise them up to life on the last day.

'For My flesh is real food, and My blood is real drink. If you eat My flesh and drink My blood, you will live deep inside Me, and I will live deep inside you.' (cf. John 6: 35a, 54-56)

- B. St Paul tells us, 'When we come together to pray, the bread that we break and share is the Body of Christ. (cf. I Corinthians 10: 16; 11: 26)

And the cup of wine that we share and drink is the Blood of Christ.

So every time you eat this bread and drink this cup, you proclaim the death of the Lord Jesus, until He comes in glory.

- C. One day, when Jesus was teaching thousands of people, they became hungry. They were far away from town, and most of them had not brought any food with them. Jesus told the apostles to feed the people, and the apostles did not know what to do.

But they found a boy who had brought along five loaves of bread and two fish. He generously gave them to the apostles, but they said, 'This is not enough to feed all these people!'

Jesus took the bread and fish, and said a prayer of blessing over them. Then He told the apostles to give the food to the people. There was more than enough for everyone!

The people knew that this was a miracle, and they were very excited. Jesus said to them, 'You are happy because I gave you the loaves and the fish. But if you ask me, I will give you another kind of food to eat – food that will help you live for ever.'

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Paraphrased Scriptures for Younger Students

They said, 'Then give us this food always!' Jesus answered, 'I Myself am the bread of life. Anyone who eats this bread will live forever.' (cf. Matthew 14: 15-21; Mark 6: 35-44; Luke 9: 12-17; John 6: 5-13, 35, 51)

- D. On the night before He died, Jesus was having a special meal with His apostles. It was His Last Supper with them.

During the meal, Jesus took bread, blessed it, broke it, and gave it to the apostles. He said, 'This is My body, which will be given up for you.' And they all ate.

When supper was ended, He took the cup filled with wine. He gave thanks to God the Father, and gave the cup to the apostles. He said, 'This is the cup of My blood, which will be poured out for you.' And they all drank.

Then Jesus said to them, 'Do this, and when you do it, remember Me.' (cf. Matthew 26: 26-29; Mark 14: 22-24; Luke 22: 19-20)

- E. After Jesus died on the cross and rose from the dead, two of His followers did not understand what had happened. They decided to return to their homes in a town called Emmaus (*em-MAY-us*).

They met a stranger along the road, and the three of them walked together. The stranger said, 'Why are you unhappy?' The two disciples said, 'Don't you know what happened to Jesus of Nazareth? God sent Him to save Israel, but our leaders arrested Him and put Him to death. And this morning some women said they saw Jesus alive again!'

The stranger said, 'The Bible has told us that all these things would happen.' And as the three of them walked along the road, the stranger explained all the words of the Bible that said that the Messiah, the Saviour, would suffer, die and then rise from the dead.

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Paraphrased Scriptures for Younger Students

By now it was getting dark, and there was a small hotel nearby. The two disciples said to the stranger, 'Stay with us, because it is evening.' So they went into the hotel, and sat down at a table to have their evening meal.

While they were at table, the stranger took bread, said a blessing, broke the bread, and gave it to the two disciples. When they saw what the stranger did, they suddenly remembered it was the same thing that Jesus had done at the Last Supper. And they realised that the stranger was really Jesus.

Jesus disappeared! The two disciples looked at one another in surprise, and one of them said, 'When that man was talking to us on the road, my heart was beating so hard because I was excited, but I didn't understand why. But now I know why: we were walking with Jesus!' The other disciple said, 'Yes! We must go back to Jerusalem and tell the other disciples.'

They ran through the night and returned to Jerusalem. They found the other disciples, who were also excited. They said, 'Jesus is alive! He appeared to Simon Peter!'

The two disciples from Emmaus said, 'Yes, we know – we walked with Him today, and at first we didn't know who He was. But we finally recognised Him when He broke the bread.' (cf. Luke 24: 13-35)

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Prayers for Older Students

All make the Sign of the Cross together:

In the name of the Father, and of the Son and of the Holy Spirit.
Amen.

One of the following prayers may then be said together:

- A. O Sacrament of love,
sign of our unity,
bond of our community,
whoever longs for life has here its very source.
Let them come here and believe,
unite with you and live.
(St Augustine)
- B. O sacred Banquet,
in which Christ is received,
the memory of His Passion is renewed,
the soul is filled with grace,
and a pledge of future glory is given to us.
(St Thomas Aquinas)
- C. How delightful is Your spirit, Lord,
which shows your care for Your children
by giving us this Bread from heaven.
You fill the hungry with good things,
and drive away all that is worthless and evil.
(St Thomas Aquinas)

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Prayers for Older Students

- D. O God,
You are the Truth and the Light of my heart.
Let me listen to You,
and not to the darkness within me.
Let me seek You by praying to You,
and let me pray to You by believing in You.
Let me know You,
even as I know myself.
Enter my soul and be my strength,
and help me to be what You want me to be.
(St Augustine)
- E. Let us come to this Banquet, Lord Jesus,
and be filled.
Let the beggars come,
for You became poor for our sakes.
Let the sick come,
for it is not the healthy who need a physician,
but the sick.
Let the blind come,
for You give light to our eyes.
(St Augustine)
- F. Heal me, Lord Jesus,
and open my eyes to recognise Your will.
Lead me out of foolish ways
that I may know You and follow You.
Show me the road I must travel
so that I may see you.
Lord, in Your great kindness,
convert me totally to You.
You first loved me,
so that I might love You.
(St Augustine)

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Prayers for Older Students

- G. O Lord, my God,
You alone do I love.
You alone do I follow.
You alone do I seek.
You alone am I prepared to serve.
Increase my faith, Lord,
increase my hope,
and increase my love.
How wonderful and unmatched is Your goodness to me!
(St Augustine)
- H. May the Heart of Jesus in the most Blessed Sacrament
be praised, adored and loved
with grateful affection
at every moment
in all the tabernacles of the world,
now and until the end of time.
Amen.
(traditional)
- I. Lord Jesus,
in this most Blessed Sacrament of Your love
You give us a taste of heavenly food.
Once we are in heaven,
we shall be at rest,
and we shall see You.
We shall see You
and we shall love You.
We shall love You,
and we shall praise You.
You have made us for Yourself, O Lord,
and our hearts are restless
until they rest in You.
(St Augustine)

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Prayers for Older Students

- J. Soul of Christ, sanctify me.
 Body of Christ, save me.
 Blood of Christ, fill all my veins.
 Water from the side of Christ, wash out my stains.
 Passion of Christ, my comfort be.
 O good Jesus, listen to me.
 In Your wounds I'd love to hide,
 Never to be parted from Your side.
 Guard me should the foe assail me.
 Call me when my life shall fail me.
 Bid me come to You above,
 With all Your saints to sing Your love,
 World without end.
 Amen.
 (ascribed to Pope John XXII)
- K. Lord Jesus Christ,
 I believe that You are present in the Blessed Sacrament.
 I love You above all things,
 and I want You to live in my soul.
 Since I cannot now receive You sacramentally,
 at least come spiritually into my heart.
 I welcome You, Jesus,
 and I unite myself entirely to You.
 Never permit me to be separated from You.
 Amen.
 (St Alphonsus Ligouri)

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Prayers for Older Students

- L. Lord Jesus Christ,
You gave us the Eucharist
as the memorial of Your suffering and death.
May our worship of this sacrament
of Your Body and Blood
help us to experience the salvation You won for us
and the peace of the kingdom
where You live with the Father and the Holy Spirit,
one God, for ever and ever.
Amen.
(from the liturgy of Corpus Christi)
- M. Lord Jesus Christ,
we worship You living amongst us
in the sacrament of Your Body and Blood.
May we offer to our Father in heaven
a solemn pledge of undivided love.
May we offer to our brothers and sisters
a life poured out in loving service of that kingdom
where You live with the Father and the Holy Spirit,
one God, for ever and ever.
Amen.
(from the liturgy of Corpus Christi)

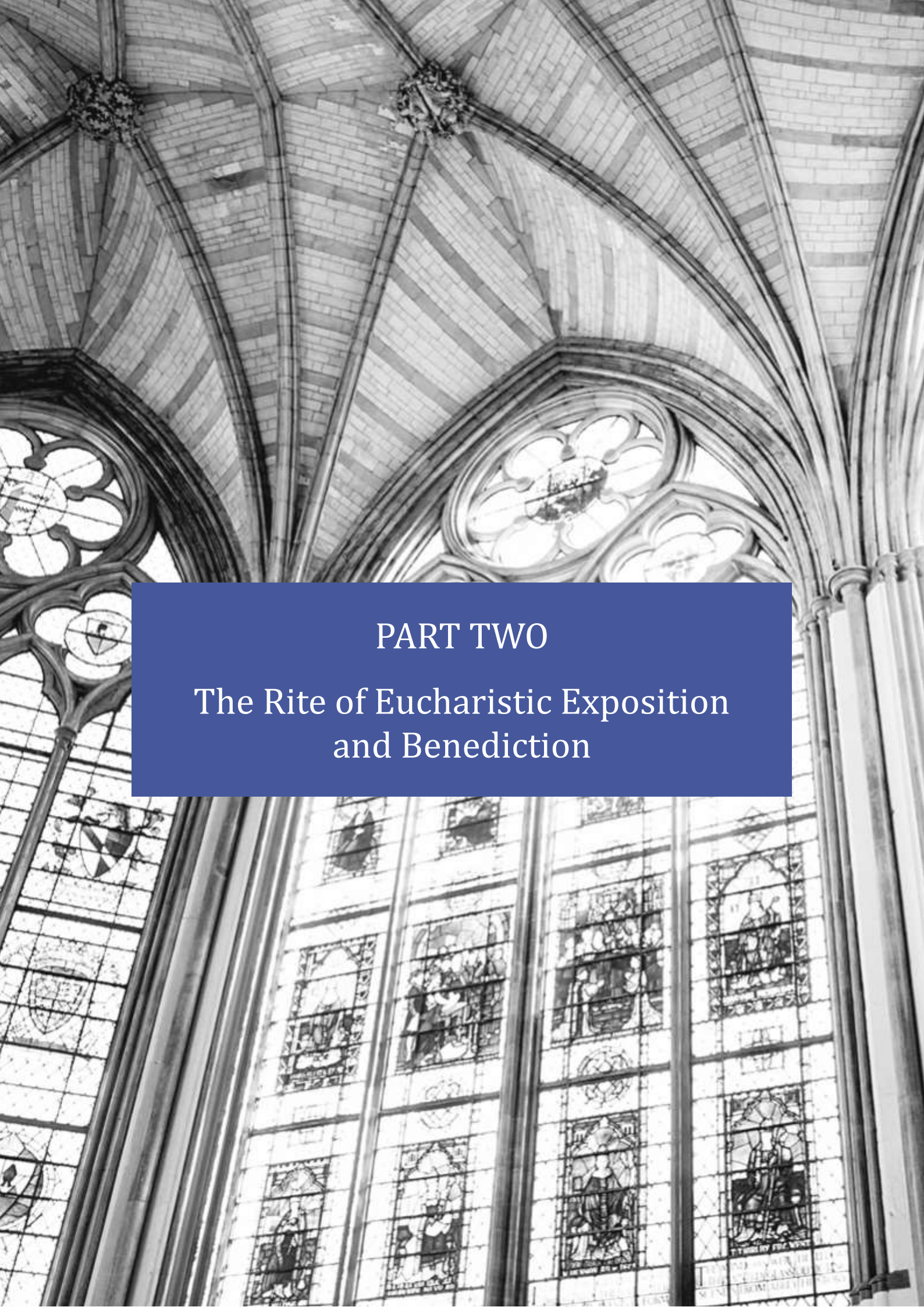
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Prayers for Older Students

- N. Lord,
may everything we do today
begin with Your inspiration,
continue with Your help,
and reach perfection under Your guidance.
We thank You for all Your gifts:
for our lives and our talents,
for our families and friends,
for our faith and our freedom,
and in particular for this sacrament of Your love.
May You be praised and thanked now and for ever.
Amen.
(traditional)
- O. O Sacrament most holy,
O Sacrament divine,
All praise and all thanksgiving
Be every moment Thine!
(traditional)



PART TWO

The Rite of Eucharistic Exposition and Benediction

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The Rite of Eucharistic Exposition and Benediction

PREPARATION

Exposition May Be Done in One of Two Ways

- 1 Placing a ciborium of previously consecrated hosts on the altar (usually done for short periods of adoration).
- 2 Placing a previously consecrated large host in a monstrance on the altar (usually for longer or more solemn periods of adoration).

Exposition of the Holy Eucharist, either in a ciborium or in a monstrance, leads us to acknowledge Christ's marvellous presence in the Sacrament and invites us to the spiritual union with him that culminates in sacramental communion. In such exposition care must therefore be taken that everything brings out the meaning of Eucharistic worship in correlation with the Mass. Cf. **HCWEOM, #82**

- I. For exposition of the Blessed Sacrament in a monstrance the following are to be prepared:
 - A. monstrance
 - B. corporal
 - C. four or six candles
 - D. censer and incense boat (used only if a priest or deacon is officiating)
 - E. vestments for a priest or deacon: alb, stole (and optional cope) and humeral veil
 - F. vestments for other ministers: albs, or other approved vesture
 - G. a copy of this book
 - H. chair and kneeler for the minister
 - I. tabernacle key.

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The Rite of Eucharistic Exposition and Benediction

2. For exposition of the Blessed Sacrament within a ciborium the following are to be prepared:
 - A. corporal
 - B. at least two candles
 - C. censer and incense boat (used only if a priest or deacon is officiating)
 - D. vestments for a priest or deacon: alb, stole (and optional cope) and humeral veil
 - E. vestments for other ministers: albs, or other approved vesture
 - F. a copy of this book
 - G. chair and kneeler for the minister
 - H. tabernacle key.

THE MINISTER OF EXPOSITION

The ordinary minister for exposition of the Eucharist is a priest or deacon.

In the absence of a priest or deacon, an acolyte, an extraordinary minister of Holy Communion or another person appointed by the priest may publicly expose the Eucharist for the adoration of the faithful and then later repose it. Such ministers may open the tabernacle and either place the ciborium on the altar or place the Host in the monstrance on the altar. At the end of the period of adoration, they replace the Blessed Sacrament in the tabernacle. It is not lawful for them to give the blessing with the sacrament, nor do they incense it.

The minister of exposition of the blessed Sacrament and of the eucharistic blessing is a priest or deacon. In special circumstances the minister of exposition and reposition alone, but without the blessing, is an acolyte, an extraordinary minister of holy communion, or another person deputed by the local Ordinary, in accordance with the regulations of the diocesan Bishop. The Code of Canon Law, Canon 943

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The Rite of Eucharistic Exposition and Benediction

AN OUTLINE OF THE RITE

Entrance Song or Instrumental Music

Entrance of the Ministers

Exposition (placing of the Blessed Sacrament on the altar in a ciborium or monstrance)

- song of Praise and Adoration
- incensation (only if a priest or deacon is officiating)

Greeting

Opening Prayer

Liturgy of the Word

Reading (s)

Meditative Silence

Homily or Meditative Silence

Intercessions

Lord's Prayer

Incensation during Eucharistic Song (only if a priest or deacon is officiating)

Prayer

Benediction (only if a priest or deacon is officiating)

Divine Praises

Reposition (placing the Blessed Sacrament back in the tabernacle)

Acclamation or Song

to accompany the reposition

or to conclude this portion of an extended period of exposition

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The Rite of Eucharistic Exposition and Benediction

ENTRANCE OF THE MINISTERS

After the people have assembled, the ministers approach the altar while an appropriate song is sung (see Appendix III) or while instrumental music is played.

EXPOSITION

If the Blessed Sacrament is not exposed, the deacon (or, in his absence, a priest, or if a priest is not present an acolyte, an extraordinary minister of Holy Communion or a designated lay person) brings the Blessed Sacrament to the altar in a ciborium or places it in the monstrance.

INCENSATION AND SONG

The priest or deacon then goes to the altar and, after placing incense in the censer, kneels and incenses the Holy Eucharist. Meanwhile, a suitable song may be sung by the people. After the incensation, the ministers go to their chairs.

NOTE: If a priest or deacon is not present the incensation is omitted.

GREETING

The presiding minister greets the people saying:

Praised be the God and Father of our Lord Jesus Christ,
who in his great mercy gave us new birth into a living hope
by the resurrection of Jesus Christ from the dead.
Blessed be God for ever.

All: Blessed be God for ever.

The priest, deacon or another minister may briefly introduce the celebration.

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The Rite of Eucharistic Exposition and Benediction

OPENING PRAYER

The presiding minister invites the people to pray using these or similar words:

Let us pray
[that the Church of Jesus Christ may remain faithful to its mission].

After a brief pause for silent prayer, the presiding minister continues:

Almighty and eternal God,
in Christ your Son
you have shown your glory to the world.
Guide the work of your Church:
help it to proclaim your name,
to persevere in faith
and to bring your salvation to people everywhere.
We ask this through Christ our Lord.

All: Amen.

LITURGY OF THE WORD

One or more Scripture readings are then proclaimed (see Appendix I).
A suitable pause for silent reflection should follow each reading.

HOMILY / REFLECTION

At the conclusion of the last reading a priest or deacon may give a homily.
There may be a period of silent reflection after the homily, or meditative silence may replace the homily, particularly if no priest or deacon is available.

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The Rite of Eucharistic Exposition and Benediction

INTERCESSIONS

Standing at the chair, the presiding minister invites the people to pray in these or similar words:

My brothers and sisters,
our heavenly Father sent his Son Jesus Christ into the world
that the world might be saved
and all might be delivered from the power of sin and death.
As a pilgrim people seeking Christ's gift of everlasting life,
let us pray for all people according to their needs.

Deacon or other minister:

Let us kneel.

For the Holy Church of God throughout the world:
that God the almighty Father guide it and gather it together
so that we may worship him in peace and tranquillity,
we pray to the Lord.

All: Lord, hear our prayer.

For our Holy Father, Pope N.
that God who chose him to be pastor of the whole Church
may give him health and strength
to guide and govern God's holy people,
we pray to the Lord.

All: Lord, hear our prayer.

O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



The Rite of Eucharistic Exposition and Benediction

For N., our bishop;
for all bishops, priests, and deacons;
for all who have a special ministry in the Church,
and for all God's people,
we pray to the Lord.

All: Lord, hear our prayer.

For all our brothers and sisters
who share our faith in Jesus Christ:
that God may gather and keep together in one Church
all who seek the truth with sincerity,
we pray to the Lord.

All: Lord, hear our prayer.

For those who do not believe in God or his Son Jesus Christ:
that the light of the Holy Spirit may help them
to follow all that is right,
and show them the way to salvation,
we pray to the Lord.

All: Lord, hear our prayer.

For those who serve us in public office:
that God may guide their minds and hearts,
so that all may live in true peace and freedom,
we pray to the Lord.

All: (Lord, hear our prayer.

Other intercessions may be added.

O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



The Rite of Eucharistic Exposition and Benediction

LORD'S PRAYER

The presiding minister then sings or says:

Gathering our prayers and praises into one,
let us offer the prayer Christ himself taught us:

All: Our Father . . .

BENEDICTION

At the conclusion of the Lord's Prayer the priest or deacon goes to the altar, genuflects, and then kneels before the exposed Sacrament. A suitable Eucharistic song is then sung. Meanwhile, the priest or deacon while kneeling incenses the Blessed Sacrament.

After the incensation, the priest or deacon rises and sings or says the following prayer, or another prayer from Appendix II.

NOTE: A presiding minister who is a lay person omits the incensation and, kneeling before the exposed Sacrament, sings or says the prayer.

Let us pray:

Lord Jesus Christ,
you gave us the Eucharist
as the memorial of your suffering and death.
May our worship of this sacrament of your body and blood
help us to experience the salvation you won for us
and the peace of the kingdom
where you live with the Father and the Holy Spirit,
one God, for ever and ever.

All: Amen.

O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



The Rite of Eucharistic Exposition and Benediction

The priest or deacon then puts on the humeral veil, goes to the altar and genuflects, and takes the ciborium or monstrance. He then makes the sign of the cross with it over the people in silence. As he does so, a server incenses the Blessed Sacrament; the altar bell may be rung three times for added solemnity.

THE DIVINE PRAISES

The priest or deacon then kneels and leads the people in singing or saying the Divine Praises.

NOTE: A presiding minister who is a lay person does not give the blessing with the Blessed Sacrament. Instead, he remains kneeling before the exposed Sacrament after singing or saying the prayer above, and leads the people in singing or saying the Divine Praises.

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary Most Holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin, and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His Angels and in His Saints.

O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



The Rite of Eucharistic Exposition and Benediction

REPOSITION

If the period of exposition is now to be ended, the Blessed Sacrament is returned to the tabernacle at this time. Before closing the door of the tabernacle, the minister genuflects.

ACCLAMATION OR SONG

As the Blessed Sacrament is being replaced in the tabernacle (if exposition is now ended), or as a conclusion to this part of an extended period of exposition, the people may stand and sing an acclamation or another song (see Appendix III), or instrumental music may be played. The minister then departs.



APPENDICES

O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



Appendix I: Suggested Scripture Readings

OLD TESTAMENT READINGS

1. **Genesis 14:18-20** (Lectionary for Mass, I, page 607) – Melchizedek brought bread and wine.
2. **Exodus 16:2-4, 12-15** (Lectionary for Mass, I, page 759) – I will rain bread from heaven upon you.
3. **Deuteronomy 8:2-3, 14-16** (Lectionary for Mass, III, page 772) – He gave you food finer than any you have known.
4. **I Kings 19:9-13a** (Lectionary for Mass, I, page 668) – Go out and stand on the mountain before the Lord God.
5. **Isaiah 55:6-9** (Lectionary for Mass, III, page 701) – Turn back to the Lord God who is rich in forgiving.
6. **Zechariah 2:14–17** (Lectionary for Mass, II, page 1369) – Rejoice, daughter of Zion, for I am coming.

RESPONSORIAL PSALMS (psalms may be read or sung without requiring other Scripture readings)

1. **Psalms 15** (Lectionary for Mass, I, page 414) – Keep me safe, O God; you are my hope.
2. **Psalms 22** (Lectionary for Mass, I, page 16) – I shall live in the house of the Lord all the days of my life.
3. **Psalms 24** (Lectionary for Mass, I, page 8) – To you, O Lord, I lift my soul.
4. **Psalms 26** (Lectionary for Mass, I, page 21) – The Lord is my light and my salvation.

O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



Appendix I: Suggested Scripture Readings

5. **Psalm 41** (Lectionary for Mass, I, page 257) – My soul is thirsting for the living God: when shall I see Him face to face?
6. **Psalm 61** (Lectionary for Mass, I, page 640) – Rest in God alone, my soul.
7. **Psalm 62** (Lectionary for Mass, I, page 675) – My soul is thirsting for you, O Lord my God.
8. **Psalm 77** (Lectionary for Mass, I, page 760) – The Lord gave them bread from heaven.
9. **Psalm 83** (Lectionary for Mass, II, page 210) – How lovely is your dwelling-place, Lord, mighty God.
10. **Psalm 86** (Lectionary for Mass, I, page 486) – All you nations praise the Lord.
11. **Psalm 90** (Lectionary for Mass, I, page 202) – Be with me, Lord, when I am in trouble.
12. **Psalm 99** (Lectionary for Mass, I, page 151) – Let all the earth cry out to God with joy.
13. **Psalm 111** (Lectionary for Mass, I, page 632) – A light rises in the darkness for the upright.
14. **Psalm 113** (Lectionary for Mass, I, page 507) – Not to us, O Lord, but to your name give the glory.
15. **Psalm 120** (Lectionary for Mass, I, page 888) – I lift up my eyes to the mountains.

O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



Appendix I: Suggested Scripture Readings

16. **Psalm 122** (Lectionary for Mass, I, page 749) -- Our help is from the Lord, who made heaven and earth.
17. **Psalm 129** (Lectionary for Mass, I, page 213) - If you, O Lord, laid bare our guilt, who could endure it?
18. **Psalm 130** (Lectionary for Mass, I, page 699) - In you, Lord, I have found my peace.
19. **Psalm 144** (Lectionary for Mass, I, page 666) – The hand of the Lord feeds us; He answers all our needs.
20. **Psalm 147** (Lectionary for Mass, III, page 340) - Whoever eats this bread will live for ever.
21. **Psalm 148** (Lectionary for Mass, I, page 533) - Heaven and earth are filled with your glory.

NEW TESTAMENT READINGS

1. **Acts 2:42-47** (Lectionary for Mass, II, page 1323) —They continued in fellowship with the apostles and in the breaking of bread.
2. **I Corinthians 10:16-17** (Lectionary for Mass, I, page 601) — Though we are many, we form a single body because we share this one loaf.
3. **I Corinthians 11:23-26** (Lectionary for Mass, I, page 378) —Until the Lord comes, every time you eat this bread and drink this cup, you are proclaiming His death.

O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



Appendix I: Suggested Scripture Readings

GOSPEL READINGS

1. **Matthew 6:19-21** (Lectionary for Mass, II, page 135 & 556) — Where your treasure is, there will your heart be also.
2. **Matthew 15:29-37** (Lectionary for Mass, I, page 17) — Jesus healed many and multiplied the bread.
3. **Matthew 19:16-22** (Lectionary for Mass, II, page 244) — If you wish to be perfect, sell what you own, and your treasure will be in heaven.
4. **John 6:1-15** (Lectionary for Mass, I, page 446) — He gave food to those who were sitting around, as much as they wanted.
5. **John 6:44-47** (Lectionary for Mass, III, page 70) — Whoever believes has eternal life.
6. **John 6:51-58** (Lectionary for Mass, I, page 603) — My flesh is real food, and my blood is real drink.

O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



Appendix II: Additional Prayers

A. Lord our God,
in this great sacrament
we come into the presence of Jesus Christ your Son,
born of the Virgin Mary
and crucified for our salvation.
May we who declare our faith
in this fountain of love and mercy
drink from it the water of everlasting life.
We ask this through Christ our Lord.

All: Amen.

B. Lord our God,
may we always give due honour
to the sacramental presence
of the Lamb who was slain for us.
May our faith be rewarded
by the vision of his glory,
who lives and reigns for ever and ever.

All: Amen.

C. Lord our God,
you have given us the true bread from heaven.
In the strength of this food
may we live always by your life
and rise in glory on the last day.
We ask this through Christ our Lord.

All: Amen.

O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



Appendix II: Additional Prayers

- D. Lord,
give to our hearts the light of faith and the fire of love,
that we may worship in spirit and in truth
our God and Lord present in this sacrament,
who lives and reigns for ever and ever.

All: Amen.

- E. Lord,
may this sacrament of new life
warm our hearts with your love
and make us eager for the eternal joy of your kingdom.
We ask this through Christ our Lord.

All: Amen.

- F. Lord our God,
teach us to cherish in our hearts
the paschal mystery of your Son
by which you redeemed the world.
Watch over the gifts of grace your love has given us,
and bring them to fulfilment in the glory of heaven.
We ask this through Christ our Lord.

All: Amen.

O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



Appendix III: Music

The opening and closing songs may be seasonal (Advent, Christmas, Lenten or Easter hymns) or general hymns of praise, thanksgiving and trust in God.

The songs during the incensations should always be Eucharistic hymns of praise to Christ. Hymns to God the Father or God the Holy Spirit are not appropriate at these times.

The traditional hymn immediately before the benediction with the host is *Tantum Ergo Sacramentum*. A school choir may be able to learn a harmonised version of this hymn for use at a solemn Benediction. It would be good for Catholic students to learn the *Tantum Ergo* as part of their church heritage, and to enable them to participate with adults in parish celebrations of Eucharistic adoration. The words and music of both English and Latin versions of the *Tantum Ergo* are available at end of this resource. These pages may be reproduced for use in worship.

Other types of hymns (communion hymns that speak of eating and drinking, Marian hymns, penitential songs, or songs of offering) are not used during celebrations of Eucharistic adoration. The focus is on praise and thanksgiving, adoration of the Lord Jesus and reflection in His presence.

Some suggested hymns are listed on the following pages.

O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



Appendix III: Music

FROM GATHER AUSTRALIA

318	A New Commandment
371	Alleluia! Sing to Jesus
420	All the Ends of the Earth
397	All You Works of God
187	An Upper Room Did Our Lord Prepare
470	As Gentle as Silence
449	Be Not Afraid
458	Blest Be the Lord
386	By Your Priestly Power, O Risen Lord
444	Centre of My Life
404	Christ, Be Our Light
351	Christ Is Here
367	<i>Christus Resurrexit</i>
471	Come to Me
403	Come to the Water
430	<i>Confitemini Domino</i> / Come and Fill (Taizé refrain)
28	Do Not Be Afraid
466	Eye Has Not Seen
426	For the Fruits of This Creation
427	For the Beauty of the Earth
530	Gather Your People
191	Gift of Finest Wheat (<u>omit verses 2 and 3</u>)
370	Glorious in Majesty
417	Glory and Praise to Our God
422	Glory Be to God in Heaven
461	God Is Love
388	God with Hidden Majesty/ <i>Adoro Te Devote</i>
320	Hail Our Saviour's Glorious Body/Pange Lingua (last 2 verses are <i>Tantum Ergo</i>)
496	Here I Am, Lord
411	Holy God, We Praise Your Name (<i>Te Deum Laudamus</i>)
213	Hosea
204	I Am the Bread of Life
402	I Have Loved You
468	I Heard the Voice of Jesus Say
445	I Say "Yes", Lord

O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



Appendix III: Music

442	In Faith and Hope and Love
429	In the Lord I'll Be Ever Thankful (Taizé refrain)
472	I Will Never Forget You, My People
464	Jesus, in Your Heart We Find
308	Jesus, Remember Me (Taizé refrain)
391	Keep in Mind
418	<i>Laudate Dominum</i> / Sing, Praise and Bless the Lord (Taizé refrain)
190	Let All Mortal Flesh Keep Silence
416	Lift Up Your Hearts
467	Like a Shepherd
423	Lord of Creation, to You Be All Praise
189	Lord, To Whom Shall We Go?
463	Love Divine, All Loves Excelling
462	Love Is His Word
250	Magnificat (My Soul Rejoices)
545	Magnificat (Taizé refrain)
15	Magnificat (My Soul Glorifies the Lord)
550	Magnificat (Tell Out, My Soul)
490	Make Me a Channel of Your Peace (Prayer of St Francis)
425	Now Thank We All Our God
499	Now We Remain
415	O God of Matchless Glory
431	O Lord, Hear My Prayer (Taizé refrain)
419	O Lord Jesus Marrkapmirr /Garry Jesu Marrkapmirr
193	One Bread, One Body
517	Peace I Leave with You, My Friends
409	Praise the Lord, Ye Heavens, Adore Him
410	Praise to the Holiest in the Height
421	Praise to the Lord, the Almighty
407	Praise to You, O Christ Our Saviour

O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



Appendix III: Music

- 19 Psalm 8: O Lord Our God, How Wonderful
- 23 Psalm 23: The Lord Is My Shepherd
- 24 Psalm 23: Shepherd Me, O God
- 25 Psalm 23: My Shepherd Is the Lord
- 26 Psalm 25: To You, O Lord
- 27 Psalm 27: The Lord Is My Light and My Salvation
- 28 Psalm 27: Do Not Be Afraid / The Lord Is My Light
- 29 Psalm 30: I Will Praise You, Lord
- 30 Psalm 31: I Put My Life in Your Hands
- 31 Psalm 33: Let Your Mercy Be on Us
- 32 Psalm 33: Lord, Let Your Mercy Be on Us
- 36 Psalm 34: The Cry of the Poor
- 37 Psalm 42: My Soul Is Thirsting
- 38 Psalm 42: As the Deer Longs
- 39 Psalm 47: All Peoples, Clap Your Hands
- 42 Psalm 63: My Soul Is Thirsting
- 43 Psalm 63: Your Love Is Finer Than Life
- 44 Psalm 66: Let All the Earth
- 45 Psalm 66: Let All the Earth Cry Out
- 46 Psalm 68: You Have Made a Home for the Poor
- 47 Psalm 80: Lord, Make Us Turn to You
- 48 Psalm 84: How Happy They Who Dwell
- 49 Psalm 85: Lord, Let Us See Your Kindness
- 50 Psalm 89: I Will Sing for Ever
- 52 Psalm 91: Be with Me, Lord
- 53 Psalm 91: Be with Me, Lord
- 54 Psalm 92: Lord, It Is Good to Give Thanks to You
- 55 Psalm 95: If Today You Hear God's Voice
- 57 Psalm 98: All the Ends of the Earth
- 58 Psalm 100: Go Out to All the World
- 59 Psalm 100: Serve the Lord with Gladness
- 60 Psalm 102: Let All the Peoples
- 61 Psalm 103: The Lord Is Kind and Merciful
- 64 Psalm 113: May the Name of the Lord Be Blessed
- 65 Psalm 113: Praise God's Name
- 66 Psalm 116: I Will Walk in the Presence of the Lord
- 72 Psalm 122: Let Us Go Rejoicing
- 73 Psalm 123: Our Eyes Are Fixed on the Lord

O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



Appendix III: Music

76	Psalm 130: With the Lord There Is Mercy
77	Psalm 130: With the Lord There Is Mercy
78	Psalm 136: Love Is Never Ending
79	Psalm 138: The Fragrance of Christ
80	Psalm 138: Lord, I Thank You
81	Psalm 139: How Rich Are the Depths of God
82	Psalm 145: I Will Praise Your Name
83	Psalm 146: Praise the Lord / Lord, Come and Save Us
84	Psalm 147: Bless the Lord, My Soul
456	Seek Ye First the Kingdom of God
414	Sing a New Song
362	Sing to the Mountains
322	Song of the Lord's Supper
325	Stay with Me, Remain Here with Me, Watch and Pray (Taizé refrain)
363	<i>Surrexit Christus</i> (Taizé refrain)
369	Take Christ to the World
506	The Lord Is My Shepherd
473	The Lord's My Shepherd (Crimond)
450	Thirsting for God
387	This Body
465	This Is My Will
445	Though the Mountains May Fall
324	<i>Ubi Caritas</i> /Living Charity (Taizé refrain)
501	We Have Been Told
446	We Remember (omit verse 2)
447	We Walk by Faith
188	We Who Once Were Dead
323	Where There Is Charity and Love
319	Where True Love and Charity Are Found
443	Without Seeing You

O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



Appendix III: Music

FROM AS ONE VOICE, VOLUME I

- 2 *Kyrie, Eleison* (Taizé refrain)
- 3 Canticle of the Sun
- 4 All the Ends of the Earth
- 5 Galilee Song
- 6 Lord, to Whom Shall We Go?
- 9 Be Thou My Vision
- 10 Praise God from Whom All Blessings Flow
- 15 Alleluia No. 1 (Alleluia, Alleluia, Give Thanks to the Risen Lord)
- 16 Glory and Praise to Our God
- 17 O Lord, Hear My Prayer (Taizé refrain)
- 19 All You Works of God
- 25 All People that on Earth Do Dwell
- 27 The Lord Is My Shepherd
- 28 Praise to You, O Christ Our Saviour
- 30 Hosea
- 32 Sing Praise to the Lord
- 33 Shepherd Me, O God
- 34 I'll Sing Your Song
- 36 You Know Me, Lord
- 37 Come to Me
- 39 Come to Set Us Free
- 40 Will You Love Me?
- 41 How Lovely Is Your Dwelling Place
- 42 Jesus, You Are Bread for Us
- 45 Now We Remain
- 46 Sing to the Lord
- 48 Seek Ye First
- 49 I Am the Bread of Life
- 51 Praise and Glory
- 52 The Magnificat (Mary's Song)
- 54 I Heard the Voice of Jesus
- 63 We Walk by Faith
- 64 We Have Been Told
- 66 Because the Lord Is My Shepherd
- 69 I Rejoiced
- 71 Gather Your People

O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



Appendix III: Music

72	We Shall Draw Water
74	Come to the Water
76	All the Ends of the Earth
78	Praise, My Soul, the King of Heaven
79	Do Not Be Afraid
80	Sing a New Song
81	We Remember
82	I'll Be Always Loving You
83	The Cry of the Poor
84	I Will Lift Up My Eyes
85	Like a Child Rests
87	Where There Is Love
89	Isaiah 49 (I Will Never Forget You)
90	Here I Am, Lord
91	Prayer of Peace
92	Sing to the Mountains
94	How Great Thou Art
98	I Have Seen the Lord
100	Lord Jesus, Lamb of God
111	Gather Us Together
114	Be Not Afraid
115	A Trusting Psalm
116	Be with Me, Lord
120	As the Deer Longs
121	Love Will Bring Them Home
123	For the Beauty of the Earth
124	Let Heaven Rejoice
126	I Have Loved You
128	Everlasting Your Love
129	One Bread, One Body
131	Sing of the Lord's Goodness
133	Only a Shadow (omit verse 2)
139	O God, Nothing Can Take Us from Your Love
140	Shelter Me, O God
142	In Perfect Charity
144	Crimond (The Lord's My Shepherd)
145	Holy Is God
146	Eye Has Not Seen

O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



Appendix III: Music

148	Jesus, Come to Us
152	Jesus, Remember Me (Taizé refrain)
154	Send Me, Jesus (Thuma Mina)
155	I Say "Yes," Lord
159	Remain in My Love
160	Like a Shepherd
178	For You Are My God
179	Blest Be the Lord
180	Keep in Mind
182	Though the Mountains May Fall
184	All the Earth
186	The Light of Christ
189	Now Thank We All Our God
191	Alleluia! Sing to Jesus

FROM AS ONE VOICE, VOLUME 2

2	You Are Mine
3	Christ, Be Our Light
5	Jesus, Your Light
9	In the Radiance of Your Gaze
14	To You, O God, I Lift Up My Soul
17	Give Thanks
18	Summoned by Love
22	I Found the Treasure
24	Holy Darkness
26	Glorify the Lord with Me
27	God Is Rich in Mercy
28	I Will Sing and Make Music for the Lord
31	O God, You Search Me
39	Sing to God with Joy
41	Let Nothing Trouble You
47	A Journey Remembered
49	My Soul Is at Rest
52	Heal Me, O God
54	Be Still

O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



Appendix III: Music

56	Let All the Peoples
59	Shine, Jesus, Shine
66	The Lord Is Kind and Merciful
67	The Lord Is My Light
69	I Shall Dwell in the Lord's House
72	If Today You Hear His Voice
73	Do Not Be Afraid
76	Sing a New Song to the Lord
77	From Heaven You Came (The Servant King)
79	Psalms 139: How Rich Are the Depths of God
83	Bless the Lord
88	Stay with Me (Taizé refrain)
96	My Peace
97	Thirsting for God
100	This Is All Our Joy
107	O Lord, Your Tenderness
108	Speak from Your Heart
109	In the Lord I'll Be Ever Thankful (Taizé refrain)
119	Lord Jesus, Marrkapmirr / Garray Jesu Marrkapmirr
122	Do Not Worry
126	Prayer of St Francis / Make Me a Channel of Your Peace
129	Holy God, We Praise Thy Name (<i>Te Deum Laudamus</i>)
132	Praise to the Lord the Almighty
142	Bless the Lord (Taizé refrain)
143	All the Ends of the Earth
152	Let All the Earth Cry Out
154	Nearer, My God, to Thee
156	Love Is Never Ending
158	Without Seeing You
161	I Will Sing Forever of Your Love
170	Centre of My Life

O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



Appendix III: Music

FROM THE CATHOLIC WORSHIP BOOK

- 611 All the Earth Proclaim the Lord
613 All People That on Earth Do Dwell
615 A New Commandment
616 All You Nations, Sing Out Your Joy
618 All Creatures of Our God and King
619 Alleluia! Sing to Jesus
620 An Upper Room Did Our Lord Prepare
621 As Gentle as Silence
626 Blessed Jesus, at Your Word
627 Be with Me, Lord, When I Am in Trouble
633 By Your Kingly Power, O Risen Lord
634 By Your Priestly Power, O Risen Lord
635 Canticle of Mary
638 Christ, Be with Me
639 Christ Is Alive, with Joy We Sing
640 Christ Is Made the Sure Foundation
641 Christ Is the King! O Friends, Rejoice
642 Christ Is Our Lord, He Gives Us Life Abundant
643 Christ Is the World's Light
644 Christ Our Lord, the Prince of Ages
645 Christ Our Lord Has Come to Save His People
656 Come, My Way, My Truth, My Life
660 Come to Me, All Who Labour
662 Come to Me, All You Who Labour
667 Dear Saviour, Victim for Our Sins (*O Salutaris Hostia*)
678 For the Beauty of the Earth
685 Gift of Finest Wheat (omit verses 2 and 3)
686 Glory Be to God in Heaven
688 Glorious in Majesty
691 God Gives His People Strength
695 God, Your Glory We Have Seen in Your Son
696 Godhead Here in Hiding, Whom I Do Adore (*Adoro Te Devote*)
700 Hail, Our Saviour's Glorious Body (*Pange Lingua*)
last 2 verses are *Tantum Ergo*
703 Hail, Redeemer King Divine
709 Humbly We Adore Thee (*Adoro Te Devote*)

O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



Appendix III: Music

710	Holy God, We Praise Your Name (<i>Te Deum Laudamus</i>)
715	Hosea
718	I Am the Bread of Life
720	I Love You, O My Lord Most High
721	In Christ There Is No East or West
722	In Faith and Hope and Love
724	Jesus, in Your Heart We Find
725	Jesus, My Lord, My God, My All
730	Keep in Mind that Jesus Christ Has Died for Us
733	Lord, Be My Vision
735	Lord Jesus, as We Turn from Sin
736	Lord Jesus Christ, You Have Come to Us
739	Lord of Creation, to You Be All Praise
740	Love Divine, All Loves Excelling
741	Lord, Whose Love in Humble Service
743	Love Is His Word
793	Make Me a Channel of Your Peace (Prayer of St Francis)
745	May Christ Live in Our Hearts
747	May Your Love Be upon Us, O Lord
751	My Soul Is Longing for Your Peace
754	Magnificat: Now Sing My Soul, 'How Great the Lord'
755	Now Thank We All Our God
757	O Bless the Lord, My Soul
761	O Come and Sing to God, the Lord
773	O Lord, at Your First Eucharist You Prayed
789	Praise, My Soul, the King of Heaven
790	Praise the Lord, You Heavens Adore Him
791	Praise to the Holiest in the Height
792	Praise to the Lord the Almighty
793	Prayer of St Francis (Make Me a Channel of Your Peace)
795	Psalms 139: How Rich Are the Depths of God
796	Priestly People
799	Rejoice! The Lord Is King
802	Seek, O Seek the Lord
805	Sing a New Song, Sing a New Song

O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



Appendix III: Music

806	Sing, My Tongue, the Saviour's Glory (last 2 verses are <i>Tantum Ergo</i>)
810	Sing Praise to the Lord All Our Days
811	Soul of My Saviour
827	The Living God My Shepherd Is
828	The Lord Is My Light and My Salvation
829	The Lord My Shepherd Rules My Life (Crimond)
830	The Lord Is My Shepherd
831	The Lord Is My Shepherd, My Shield
833	The Lord's My Shepherd (Crimond)
836	The Word of God from Heaven Came (last 2 verses are <i>O Salutaris Hostia</i>)
837	There Is One Thing I Ask of the Lord
846	To Christ the Prince of Peace
847	To Jesus Christ, Our Sovereign King
850	To You, O Lord, I Lift My Soul
856	We Praise You, God (<i>Te Deum Laudamus</i>)
863	Where There Is Charity and Love
869	Your Love Is Finer than Life

FROM THE CATHOLIC WORSHIP BOOK II

160	O saving Victim/ <i>O salutaris Hostia</i>
161	O salutaris Hostia
162	Godhead here in hiding
163	Jesus, my Lord, my God, my all
164	Soul of my Saviour
165	Down in adoration falling/ <i>Tantum ergo Scramentum</i>
166	<i>Tantum ergo Scramentum</i>
167	The Divine Praises
168	Adoremus in aeternum
169	Adoremus in aeternum
170	O Sacrament most holy
314	Sing, my tongue, the Saviour's glory
315	Sing, my tongue, the Saviour's glory
315	Pange lingua gloriosi
395	See the bread of angels given/ <i>Ecce panis angelorum</i>
396a	Come, behold, the bread of angels
396b	Praise, O Zion, Christ our glory

O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



Appendix III: Music

TAIZÉ REFRAINS

Kyrie, Eleison

Christus Resurrexit

Confitemini Domino

In the Lord I'll Be Ever Thankful

Jesus, Remember Me

Laudate Dominum

Magnificat

Stay with Me, Remain Here with Me, Watch and Pray

Sursum Christus

Included in following pages

Down in Adoration Falling

Two English Versions

Tantum Ergo

Music for English Version

Gregorian Setting

O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



Appendix III: Music

DOWN IN ADORATION FALLING

Saint Thomas Aquinas (1227-1274)

Tr. Edward Caswall (1814-1878), alt.

Down in adoration falling
This great Sacrament we hail;
Ancient types have long departed
Newer rites of grace prevail,
Faith for all defects supplying
Where the feeble senses fail.

Glory let us give and blessing
To the Father and the Son,
Honour, might and praise addressing
While eternal ages run;
Equal praise to him confessing
Who proceeds from Both as One.

Amen.

This page may be reproduced for use in worship.

Down in Adoration Falling

ST. THOMAS 87 87 87
John F. Wade (1711-1786)

Saint Thomas Aquinas (1227-1274)
Tr. Edward Caswall (1814-1878), alt.

1. Down in a - dor - a - tion fall - ing, This great Sac - ra -
2. Glo - ry let us give and bless - ing To the Fa - ther

ment we hail; An - cient types have long de - part - ed,
and the Son, Hon - our, might and praise ad - dress - ing,

New - er rites of grace pre - vail; Faith for all de - fects sup - ply - ing
While e - ter - nal a - ges run; E - qual praise to Him con - fess - ing

where the fee - ble sen - ses fail.
Who pro - ceeds from Both as One. A - - men.

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O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



Appendix III: Music

Down in adoration falling,
We the sacred host revere.
Ancient rituals replacing,
Newer rites of grace appear.
Faith revealing truth exceeding
All that we might see or hear.

To the everlasting Father
And the Son who reigns on high,
With the Holy Ghost proceeding
Forth from each eternally,
Be salvation, honour, blessing,
Might and endless majesty.

Amen.

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Down in Adoration Falling

ST. THOMAS 87 87 87
John F. Wade (1711-1786)

Saint Thomas Aquinas (1227-1274)
Tr. Edward Caswall (1814-1878), alt.

1. Down in a - dor - a - tion fall - ing, This great Sac - ra -
2. Glo - ry let us give and bless - ing To the Fa - ther

ment we hail; An - cient types have long de - part - ed,
and the Son, Hon - our, might and praise ad - dress - ing,

New - er rites of grace pre - vail; Faith for all de - fects sup - ply - ing
While e - ter - nal a - ges run; E - qual praise to Him con - fess - ing

where the fee - ble sen - ses fail.
Who pro - ceeds from Both as One. A - - men.

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O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



Appendix III: Music

TANTUM ERGO

Saint Thomas Aquinas (1227-1274)

Tantum ergo Sacramentum
Veneremur cernui:
Et antiquum documentum
Novo cedat ritui:
Praestet fides supplementum
Sensuum defectui.

Genitori, Genitoque,
Laus et jubilatio;
Salus, honor, virtus quoque,
Sit et benedictio:
Procedenti ab utroque,
Compar sit laudatio.

Amen.

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Tantum Ergo

Plainchant melody, Mode III

Saint Thomas Aquinas (1227-1274)



Tantum Ergo

ST. THOMAS 87 87 87
John F. Wade (1711-1786)

Saint Thomas Aquinas (1227-1274)

1. Tan - tum er - go Sa - cra - men - tum Ve - ne - re - mur
2. Ge - ni - to - ri, Ge - ni - to - que, Laus et ju - bi -

cer - nu - i: Et an - ti - quum do - cu - men - tum
la - ti - o; Sa - lus, ho - nor, vir - tus quo - que,

No - vo ce - dat ri - tu - i: Prae - stet fi - des sup - ple - men - tum
Sit et be - ne - di - cti - o: Pro - ce - den - ti ab u - tro - que,

Sen - su - um de - fe - ctu - i.
Com - par sit lau - da - ti - o. A - men.

O Come Let Us Adore Him

Worship of the Eucharist Outside Mass



Appendix IV: Resources

Directory on Popular Piety and the Liturgy: Principles and Guidelines.

Published by the Congregation for Divine Worship and the Discipline of the Sacraments. 2002.

Holy Communion and Worship of the Eucharist outside Mass.

Approved for use in Australia by the Sacred Congregation for Divine Worship. 1974.

Order of the Solemn Exposition of the Holy Eucharist (Ministers Edition)

Published by the National Conference of Bishops USA. 1993.

Redemptionis Sacramentum: Instruction on Certain Matters to be Observed or to be Avoided regarding the Most Holy Eucharist.

Published by the Congregation for Divine Worship and the Discipline of the Sacraments. 2004.



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