



Extraordinary Ministers of Holy Communion

Parish Session 2

This session is to be conducted within individual parishes by the parish priest, a current Extraordinary Minister of Holy communion or a Liturgy Team member.

The purpose of this session is for the new Extraordinary Ministers to become familiar and feel comfortable with their Church environment, as well as feel confident when exercising the ministry of Extraordinary Minister of Holy Communion. This is a proposed agenda for such an evening. This framework is flexible and may be adjusted to meet parish needs.

Meeting Agenda

1. Opening Prayer
2. Questions and clarifications about the material and information presented at the Archdiocesan Induction Session.
3. Experience walking up onto the sanctuary. Explain again when and where the Extraordinary Ministers stand to give out Communion. Go through doing this. Address when and how to approach the sanctuary area.
4. Practice distributing unconsecrated hosts, both on the tongue and in the hand.
Have the Ministers say: **“The Body of Christ”**

Practice wiping the inside and outside rim of the chalice with a clean section of the purifier; then making a quarter turn of the chalice.

Practice distributing the Blood of Christ.
Have the Ministers say: **“The Blood of Christ”**

Encourage them to speak clearly and audibly.
5. Allow each minister to experience what it feels like to hold the Chalice and to hold the Ciborium. Practice placing the sacred vessels back on the credence table or the altar.
6. Many people have never seen inside the Tabernacle or the sacristy.
7. Explore the Church: Where are the purifiers, corporals, unconsecrated hosts, tabernacle key, sacred books and vessels.

The Extraordinary Minister of Holy Communion will not normally be required to locate these things, but it is good to know where they are and the correct names for both the sacred vessels and other things required for celebrating the Eucharist.
8. Questions
9. Finish in front of the Tabernacle with some silent prayer and the “Our Father”.