

What You need to know about the Catholic Mass

<https://youtu.be/pqw8PkT8lu8> 14:13 minutes

The sixth chapter of John is one of the most profound reflections we have on the meaning of the Eucharist. In this short video close attention is paid to John's account of the miraculous multiplication of the loaves, to form a better appreciation of the miracle we partake in at every Mass.

Bishop Robert Barron explores the three rubrics of the Eucharist in three videos.

The Sacrament of the Eucharist as Meal

<https://youtu.be/PFsFv-TWVfY> 6:21 minutes

The Sacrament of the Eucharist as Sacrifice

<https://youtu.be/z6ROgZfVu6o> 10:45 minutes

The Sacrament of the Eucharis as the Real Presence

https://youtu.be/sgy_TFelyiM 10:47 minutes



The Most Reverend Robert E. Barron is the Episcopal Vicar of the Santa Barbara Pastoral Region, one of the five Pastoral Regions in the Archdiocese of Los Angeles. He was appointed Titular Bishop of Macriana of Mauritania and Auxiliary Bishop in 2015.

Bishop Barron has been invited to speak about religion at the headquarters of Facebook, Google, and Amazon. He has keynoted many conferences and events all over the world, including the World Youth Day in Kraków and the World Meeting of Families in Philadelphia, which marked Pope Francis' historic visit to the United States.