SAINT BARNABAS

(Apostle) 11 June



About Saint Barnabas

Barnabas was born in Cyprus. He was not one of the original twelve apostles chosen by Christ, but instead was one of the early converts in Jerusalem and was given the title apostle by Saint Luke and the early Church fathers because of his apostolic work on behalf of Christianity.

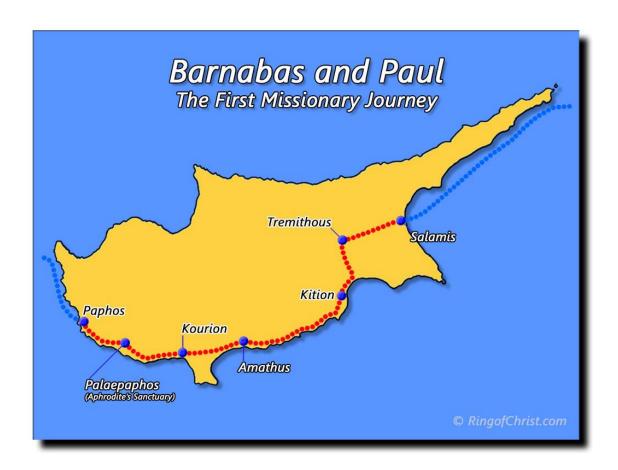
His original name was Joseph, but the Apostles gave him the name Barnabas which means "son of encouragement". He vouched for Saint Paul when he appeared before the elders in Jerusalem. Together with Saint Paul, he extended the missionary efforts of the Church beyond Jerusalem to Antioch, and then onto other places in Asia Minor.

He accompanied Paul on his first missionary journey and later went to Cyprus with his cousin John Mark (Mark the evangelist) to preach the gospel there. He was probably martyred at Salamis in Cyprus, some time before the year 61.

Bibliography

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What can we learn from Saint Barnabas?

We can never do everything on our own, especially God's work. There are times we have to and can work on our own and there are times we are required to work with others. It's a good idea to spread our friendship group around so that we don't always rely on the same person. We always need plan B and plan C ready to go just in case something happens and a person cannot fulfill their obligations. COVID-19 sent the work force into a spin and required many people to upskill very quickly. If we have to upskill, we should search out those people who can assist us in doing so. We must also be ready to share our God-given gifts and talents with those who come to us asking for our help. In this way to we will be true to the meaning of Barnabas' name encouraging and affirming people as they learn new things.

Prayer Resources

COLLECT

O God, who decreed that Saint Barnabas, a man filled with faith and the Holy Spirit, should be set apart to convert the nations, grant that the Gospel of Christ, which he strenuously preached, may be faithfully proclaimed by word and by deed. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

Amen.

GOSPEL Matthew 10:7-13

You received without charge, give without charge.

Jesus said to his apostles,

'As you go, proclaim that the kingdom of heaven is close at hand.

Cure the sick, raise the dead, cleanse the lepers, cast out devils.

You received without charge, give without charge.

Provide yourselves with no gold or silver,

not even with a few coppers for your purses,

with no haversack for the journey or spare tunic or footwear or a staff,

for the workman deserves his keep.

'Whatever town or village you go into,

ask for someone trustworthy and stay with him until you leave.

As you enter his house, salute it,

and if the house deserves it, let your peace descend upon it;

if it does not, let your peace come back to you.'

Communion Antiphon

cf. Jn 15:15

I no longer call you slaves, because a slave does not know what his master is doing. But I have called you friends, because I have told you everything I have heard from my Father.

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Hymn for the Memorial of Saint Barnabas

- 1. Saint Barnabas was known as "son of encouragement".
 He was not an apostle, but with Paul he was sent.
 An early missionary, he left comforts of home, building up Christ's foundation, the Holy Church of Rome.
- 2. Later he went to Cyprus, the Gospel there to preach. With Mark the Gospel writer the people he did teach. O God, we pray that we, too, may spread Your Gospel true and like Saint Barnabas may we be faithful to You.

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Tune: AURELIA 76.76D

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(11 June)

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