

Assisting with the Exposition of the Blessed Sacrament

Altar Ministers may carry the candles in procession, and, in the absence of an Acolyte may assist the Priest or Deacon with the incensation and with the humeral veil.

Exposition may be carried out in one of two ways:

- I. Placing a ciborium of previously consecrated hosts on the altar (usually done for short periods of adoration).
- II. Placing a previously consecrated large host in a monstrance on the altar (usually for longer or more solemn periods of adoration).

Exposition of the Holy Eucharist, either in a ciborium or in a monstrance, leads us to acknowledge Christ's marvellous presence in the Sacrament and invites us to the spiritual union with him that culminates in sacramental communion. In such exposition care must therefore be taken that everything brings out the meaning of Eucharistic worship in correlation with the Mass.

Holy Communion and Worship of the Eucharist outside Mass,
#82

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Preparation

- I. **For exposition of the Blessed Sacrament in a monstrance the following items are to be prepared:**
 1. Monstrance
 2. Corporal
 3. Four or six candles
 4. Thurible and incense boat (used only if a Priest or Deacon is officiating)
 5. Vestments for a Priest or Deacon: alb, stole (and optional cope) and humeral veil
 6. Vestments for other ministers: albs
 7. A copy of the Holy Communion and the Worship of Eucharist Outside Mass
 8. Chair and kneeler for the minister
 9. Tabernacle key.

- II. **For exposition of the Blessed Sacrament within a ciborium the following items are to be prepared:**
 1. Corporal
 2. At least two candles
 3. Thurible and incense boat (used only if a Priest or deacon is officiating)
 4. Vestments for a Priest or Deacon: alb, stole (and optional cope) and humeral veil
 5. Vestments for other ministers: albs, or other approved vesture
 6. A copy of the Holy Communion and Worship of Eucharist Outside Mass
 7. Chair and kneeler for the minister
 8. Tabernacle key.

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The Minister of Exposition

The ordinary minister for exposition of the Eucharist is a Priest or deacon.

In the absence of a Priest or deacon, an acolyte, an extraordinary minister of Holy Communion or another person appointed by the Priest may publicly expose the Eucharist for the adoration of the faithful and then later repose it. Such ministers may open the tabernacle and either place the ciborium on the altar or place the Host in the monstrance on the altar. At the end of the period of adoration, they replace the Blessed Sacrament in the tabernacle. It is not lawful for them to give the blessing with the sacrament, nor do they incense it.

The minister of exposition of the blessed Sacrament and of the eucharistic blessing is a Priest or deacon. In special circumstances the minister of exposition and deposition alone, but without the blessing, is an acolyte, an extraordinary minister of holy communion, or another person deputed by the local Ordinary, in accordance with the regulations of the diocesan Bishop.
The Code of Canon Law # 943

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An Outline of the Rite

- Entrance Song or Instrumental Music
- Entrance of the Ministers
- Exposition (placing of the Blessed Sacrament on the altar in a Ciborium or monstrance)
- Song of Praise and Adoration
- Incensation (only if a Priest or deacon is officiating)
- Greeting
- Opening Prayer
- Liturgy of the Word
 - Reading (s)
 - Meditative Silence
- Homily or Meditative Silence
- Intercessions
- Lord's Prayer
- Incensation during Eucharistic Song (only if a Priest or Deacon is officiating)
- Prayer
- Benediction (only if a Priest or Deacon is officiating)
- Divine Praises
- Reposition (placing the Blessed Sacrament back in the tabernacle)
- Acclamation or Song to accompany the reposition or to conclude this portion of an extended period of exposition
- Recession of Ministers.

Exposition and Benediction: *O Come let us Adore Him: Worship of the Eucharist Outside Mass* is available to download from the Centre for Liturgy website: www.liturgy.perthcatholic.org.au.